

**Gofyn a Gweithredu**  
**Ask and Act**

**HYFFORDDIANT  
TRAINING**

Atal + Diogelu + Darparu  
Prevention + Protection + Provision



**Cymorth i Ferched Cymru**  
**Welsh Women's Aid**

# Become an **Ask and Act** trainer

Do you work in the public sector in Wales?

Do you want to make a difference when addressing violence against women, domestic abuse and sexual violence?

“Ask and Act” is a process of targeted enquiry to be practiced across the Public Service to identify violence against women, domestic abuse, and sexual violence. The term ‘targeted enquiry’ describes the recognition of indicators of violence against women, domestic abuse, and sexual violence as a prompt for a professional to ask their client whether they have been affected by any of these issues.

The Ask and Act Train The Trainer course equips trainers with the knowledge and skills to deliver training to professionals who will support colleagues as outlined in the statutory guidance detailed in the Violence Against Women, Domestic Abuse and Sexual Violence (VAWDASV) (Wales) Act 2015.

Contact Welsh Women’s Aid to find out more about becoming an Ask and Act trainer and to book onto the Train the Trainer course.

[training@welshwomensaid.org.uk](mailto:training@welshwomensaid.org.uk) or visit our website.



Llinell Gymorth Live Fear  
Byw Heb Ofn Free Helpline  
**0808 80 10 800**  
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