



Ask & Act

Train The Trainer

Group 3

"Ask and Act" is a process of targeted enquiry to be practiced across the Public Service to identify violence against women, domestic abuse, and sexual violence (VAWDASV).

Group 3 Train the Trainer is for those who are working closely with families experiencing forms of VAWDASV in their current job role (but who do not specialise in this area) and those who perform the role of workplace champions.

It is expected that participants that attend Group 3 will have already completed Group 2; who have a lead responsibility to act on VAWDASV (e.g. safeguarding nurses, specialist midwives); or work with a client group experiencing high prevalence of VAWDASV (such as social workers, those working in mental health and substance use settings); or those who are required by their organisation to fulfil a "champion" role within a frontline team.

Key differences between Group 2 and Group 3:

- Continued focus on VAWDASV;
- Offers more resources and information for supervising and supporting frontline teams delivering Ask & Act;
- A broader focus on the "whole family"
 1. Includes children as direct victims and as witnesses
 2. Includes perpetrators



Gofyn a Gweithredu

Ask and Act

HYFFORDDIANT
TRAINING

Atal + Diogelu + Darparu
Prevention + Protection + Provision



Cymorth i Ferched Cymru
Welsh Women's Aid

Ask & Act

Train The Trainer

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This two day course is level 3 accredited and learners will be expected to complete in class assessments and workbook.

Click on one of the training sessions links below to book:

- [23rd and 24th June 2026, 9:30 - 13:30](#)
- [23rd and 24th September 2026, 9:30 - 13:30](#)
- [18th and 19th November 2026, 9:30 - 13:30](#)
- [16th and 17th February 2026, 9:30 - 13:30](#)

To find out more about becoming and Ask & Act trainer email training@welshwomensaid.org.uk, or visit our website.



Llinell Gymorth Live Fear
Byw Heb Ofn Free Helpline
0808 80 10 800 [SignLive]
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call • text • live chat • email

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