

Gofyn a Gweithredu

Ask and Act

**HYFFORDDIANT
TRAINING**

Atal + Diogelu + Darparu
Prevention + Protection + Provision



Cymorth i Ferched Cymru
Welsh Women's Aid

Ask & Act

Train The Trainer

Group 2

"Ask and Act" is a process of targeted enquiry to be practiced across the Public Service to identify violence against women, domestic abuse, and sexual violence. The term 'targeted enquiry' describes the recognition of indicators of violence against women, domestic abuse, and sexual violence as a prompt for a professional to ask their client whether they have been affected by any of these issues.

Group 2 Train the Trainer is an exciting and innovative career development opportunity. The scheme is aimed at professionals who are likely to be in jobs where violence against women, domestic abuse and sexual violence may be an issue for their client group, who are in a position to 'Ask and Act'. Learners will receive thorough subject knowledge and pedagogical techniques designed to enable them to train their colleagues further on how best to support survivors and their families.

Moving forward from the training itself, learners will receive:

- regular refresher sessions (live or via e-learning)
- practical development sessions
- newsletters with information about developments within the field.



Llinell Gymorth Live Fear
Byw Heb Ofn Free Helpline
0808 80 10 800 [SignLive]
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This three day course is level 3 accredited and learners will be expected to complete in class assessments and a microteach on the last day.

Click on one of the training sessions links below to book:

- [12th, 13th and 14th May 2026](#)
- [2nd, 3rd and 4th June 2026](#)
- [16th, 17th and 18th June 2026](#)
- [7th, 8th and 9th July 2026](#)
- [8th, 9th and 10th September 2026](#)
- [7th, 8th and 9th October 2026](#)
- [3rd, 4th and 5th November 2026](#)
- [1st, 2nd and 3rd December 2026](#)
- [19th, 20th and 21st January 2027](#)
- [23rd, 24th and 25th February 2027](#)

*Day 1 and 2 from 9:30 - 13:30 and day 3 from 9:30 - 16:30.

To find out more about becoming an Ask & Act trainer email training@welshwomensaid.org.uk, or visit our website.



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