

Gofyn a Gweithredu

Ask and Act

HYFFORDDIANT
TRAINING

Atal + Diogelu + Darparu
Prevention + Protection + Provision



Cymorth i Ferched Cymru
Welsh Women's Aid

Ask & Act

Train The Trainer

Practice Development Sessions

Building on previous updates made to the course, these Practice Development Sessions are tailored to meet the needs of local trainers who deliver Ask and Act. These sessions can be attended by any Ask and Act trainer, regardless of when they qualified.

There will be encouragement throughout to contribute ideas and themes that are relevant to their own professional practice in order to continue to create training provision that fits their needs. All materials covered in these sessions are readily available online for download and insertion into the base packs.

- [Misogyny and Incel Culture – 3rd July 2026](#)
- [Gender-Based Violence – 4th September 2026](#)
- [Safeguarding Teens Online and Developing Healthy Relationships – 6th November 2026](#)
- [Domestic Abuse and Pets – 5th March 2027](#)

All sessions are 12:00 – 13:00

To book this training, click on the date above. If you would like more information, contact us at Training@welshwomensaid.org.uk



Llinell Gymorth Live Fear
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