

Gofyn a Gweithredu

Ask and Act

HYFFORDDIANT
TRAINING

Atal + Diogelu + Darparu
Prevention + Protection + Provision



Cymorth i Ferched Cymru
Welsh Women's Aid

Ask & Act

Train The Trainer

Refresher

Building on earlier knowledge, this refresher course aims to support Ask and Act trainers in continuing to disperse training in their organisations.

This pack will contain an overview of changes made to Group 2 and Group 3 Train The Trainer training resources in order to equip local trainers with the tools required to deliver the updated materials. This course is suitable for the Ask and Act trainers who attended the Train the Trainer course more than 2 years ago.

- [1st September 2026, 9:30 – 13:30](#)
- [8th December 2026, 9:30 – 13:30](#)
- [4th March 2027, 9:30 – 13:30](#)

To book this training, click the date above.

If you would like more information about the Refresher training, contact us at Training@welshwomensaid.org.uk



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